

# LYMPHOMANIACS

March 2010

## ■ RAISE AWARENESS, TAKE ACTION

As some of you may have already heard, on February 23rd a Lymphedema Diagnosis and Treatment Cost Saving Bill was introduced into the House of Representatives. To pass, this bill will need support from you and your local representatives! With National Lymphedema Day coming up on March 6th, what better time than now to contact your local Senator and Congressperson and urge them to co-sponsor the bill (H.R. 4662)?

If you would like to get involved and take action, please visit [www.lymphnet.org](http://www.lymphnet.org) for more information, to view sample letters, and to find out how to contact your local representatives!

If you have any further questions or comments on the bill, please feel free to contact Robert Weiss at [lymphactivist@aol.com](mailto:lymphactivist@aol.com).

## ■ A NOTE FROM STEPH...

Just a reminder, you can wash your Tribute and Caresia products on a perm press cycle, or warm wash/cold rinse. You can use Tide, Cheer, All, or whatever you use for your clothes will be okay. Just do not use bleaches, fabric softeners, or Woolite. To get it to dry a little faster, wrap it in a towel and roll it up to squeeze as much of the water out of it as you can, then put it in your dryer on perm press cycle with other clothes or tennis balls to help soften it. You may need to dry it a second time, just turn it inside out and put it in again with clothes or tennis balls.

A secret; if you happen to be washing your sneakers, put them in with your Tribute or Caresia.

Please call me (888-918-9185) or email me ([stephanie.gamble@solarismed.com](mailto:stephanie.gamble@solarismed.com)) if anyone out there has any good hints for washing or drying their Tributes. I am always looking for good hints.

## ■ LUCK O' THE IRISH

Everyone from Solaris would like to wish you a safe and happy St. Patrick's Day!

## SOLARIS FREEDOM TO LIVE

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